**Nursery Menu – Week 1 (Autumn/Winter)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast\*** | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit |
| **Lunch** | Lamb or Bean hotpotRunner beansBaton swedeFruits of the forest crumble & custard | Chicken or vegetable a la kingBrown riceApple meringue | Five bean pie with a cheesy potato toppingGarden peas, sliced carrotsFruit salad & custard | Macaroni cheeseSweet cornGreen beansPear & chocolate sponge with chocolate sauce | Fish or vegetable medleyRicePetit poi, baton carrotsBaked egg custard |
| **Tea**  | Savoury biscuits and cheeseVegetable crudités | Bagel topped with scrambled egg, Carrot sticks | Spaghetti rings Wholemeal toast | Carrot & coriander soupWholemeal bread roll | Potato wafflesBaked beans & cheese |

**\*Breakfast will be a either cereal, toast or fruit**

**Vegetarian options are available; adaptations can be made to this menu to meet dietary or cultural needs**

**Water will be available with every meal**

**Nursery Menu – Week 2 (Autumn/Winter)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast\*** | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit |
| **Lunch** | Chicken or quorn chasseurWholemeal ricePear & apricot crumble | Cheese or vegetable quicheNew potatoesSweet corn, mange toutFruit salad and yoghurt | Lamb or vegetable pieGarden peas, cabbageBaked rice pudding | Tomato & spinach mozzarella latticeGreen beans, sweet cornApple & orange fool | Cod in breadcrumbs or vegetable mornayMashed potato, courgettesSultana sponge pudding & custard |
| **Tea** | Wholemeal marmite fingers or cream cheese sandwichesVegetable crudités | Sausage rollBaked beans & cheese | Chicken or vegetable soupWholemeal roll | Pita bread with chicken or vegetable stir fry | Texan pizzaGreen salad |

**\*Breakfast will be a either cereal, toast or fruit**

**Vegetarian options are available; adaptations can be made to this menu to meet dietary or cultural needs**

**Water will be available with every meal**

**Nursery Menu – Week 3 (Autumn/Winter)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit |
| **Lunch** | Sausage and mash Broccoli GravySultana Cake | Meatballs in tomato sauce with pasta or vegetable pasta bakeArctic Roll | Cheese and potato pieBroccoliFlapjack  | Chilli Con Carne with riceFresh Fruit Salad | Tuna and pasta bakePeasScone. Cream and jam |
| **Tea**  | Toast with jam or marmite | Jacket wedges with cheese and chive | Tomato and lentil soup and bread roll | Dauphinoise potatoes and beans  | Ham sandwiches and coleslaw |

**\*Breakfast will be a either cereal, toast or fruit**

**Vegetarian options are available; adaptations can be made to this menu to meet dietary or cultural needs**

**Water will be available with every meal**

**Nursery Menu – Week 4 (Autumn/Winter)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit | Cereal/Toast/Fruit |
| **Lunch** | Penne pasta with Neapolitan sauceIce Cream and Fruit | Turkey and vegetablePiePotatoesFresh fruit salad | Cottage pieCauliflower Banana cake and custard | Fish mornay and potatoesPeasYoghurts | Chicken & vegetable casserole RiceChocolate chip cookie |
| **Tea**  | Jacket potatoes with cheese and ratatouille | Spicy carrot soup and bread roll | Muffins and cheese or beans | Boulanger potatoesand spaghetti | Jacket wedges and beans |

**\*Breakfast will be a either cereal, toast or fruit**

**Vegetarian options are available; adaptations can be made to this menu to meet dietary or cultural needs**

**Water will be available with every meal**